



Foundation Training

The best start to your pharmacy career

diversity

competent *expert*

foundation training

confident pharmacist

professional judgement

inclusion skills *high-quality*

trainee pharmacist empathy

capable *multi-professional*

independent prescribers

designated supervisor

Contents

Contents	2
Welcome	3
Why ProPharmace?	4
About the Programme	5
Head Start Programme Overview	6
Core Programme Overview	7-8
Accelerate Programme Overview	9
Guides and Resources	10
Training Plans	11
Designated Supervisors	12
Key Benefits	13
Equality, Diversity & Inclusion	14
Our Training Team	15
What trainees say about us	16
Locations & How to Apply	17

Welcome

The implementation of the new standards for the initial education and training of pharmacists, introduced by the GPhC, will require pharmacists to play a much greater role in providing clinical care to patients and the public from their first day on the register. It's an exciting time to be entering the profession, but it has never been more important to join a quality training provider that fully understands the requirements needed to support both trainees and supervisors during the Foundation Year.

We are proud to be at the forefront supporting trainees and supervisors to navigate through this transition with the provision of clinical assessment skills workshops, split sector training sites with General Practice and high quality training delivered flexibly both online and face-to-face.

So, whether you are a trainee or supervisor, we invite you to join the UK's most comprehensive Foundation Training Programme that will ensure you get everything you need to succeed.



Noma Al-Ahmad
ProPharmace Managing Director



Why ProPharmace?



Our Foundation training programmes have been educating future pharmacists for over 14 years, supporting thousands of trainees through their journey to qualification.

Our innovative approach to educating and training the next generation of pharmacists has ensured that we remain the chosen provider trusted by over 600 organisations and leading Pharmacy Schools with an outstanding track record of excellent results.

We know exactly what it takes to deliver a high quality training experience and to support trainees to launch successful pharmacy careers. Our expert trainers have one thing in common: they are passionate about supporting trainees.

We invest new content and the the latest digital learning technologies to give trainees the very best chance of passing the registration assessment. Our content is mapped to the GPhC framework, is up-to-date, and evidence based.

About the Programme

In response to the changing needs of learners, and the emphasis in the new requirements on trainees playing a much greater role in providing clinical care to patients and the public upon qualification, we have redefined and updated our programme offering.

The ProPharmace Foundation Programme is mapped to the new interim GPhC learning outcomes. It combines our extensive knowledge and experience of delivering Foundation training over the past fifteen years with the latest developments in pharmacy to give trainees the best possible training experience.

The programme reinforces workplace training to ensure that trainees are supported to demonstrate the knowledge, skills, and attributes required by the end of their foundation training year and that they are also in the best position to pass the registration assessment. The programme also provides a tailored solution for trainees completing their training in GP and split sector training sites, ensuring that trainees are confident and capable of operating in multi-professional teams across healthcare settings.

To address the increased workplace pressure on trainees and supervisors, we have made sure that learning fits flexibly around busy schedules. It comprises three tiers: Head Start, Core, and Accelerate. These run seamlessly across the year ensuring trainees have access to high quality training and support at every stage throughout their foundation training year.



Head Start Programme Overview

The first few weeks of a training year can be both overwhelming and daunting for trainees as they navigate a new professional environment, and think about how they will prepare for, and pass, the registration assessment at the end of the year. We know that a good induction period can make all the difference between a successful training year and an unsuccessful one and that sometimes the busy nature of a workplace setting can get in the way of an effective induction.

The Head Start programme comprises a series of six online webinars, accompanying guides, and resources, taught by our expert team of trainers. It supports trainees and supervisors to ensure that the transition from pharmacy student to Foundation training is as seamless as possible. It serves the two fold purpose of ensuring trainees start the year with confidence, as well as takes some of the pressure off supervisors by supporting them to deliver some of the key learning outcomes that are best taught at the start of the year.

Webinar 1

- Introduction to the Foundation Year
- Your Foundation Training Plan
- Workplace based assessments

Webinar 2

- Learning at work
- Using Resources effectively
- Introduction to the registration assessment

Webinar 3

- Minor ailments & Responding to symptoms
- Red flags, Clinical Decision making & Differential Diagnosis
- Communication & consultation skills

Webinar 4

- Working in the dispensary
- Working as part of a team
- Patient Safety

Webinar 5

- Resilience & mental health
- Managing wellbeing, tackling stress and overcoming anxiety
- Resilience & adaptability

Webinar 6

- Introduction to Pharmaceutical Calculations Part 1

Core Programme Overview

The Core programme follows a blended learning approach comprising twelve training days that combine a mix of expert-led face-to-face and on-demand learning, to create a truly engaging learning experience.

The programme covers all the key components of the registration assessment framework. It utilises a range of teaching and learning methods including interactive workshops, peer learning, case studies, video learning, as well as online assessments and clinical simulation. General practice is a rapidly developing sector of practice for pharmacy professionals. Over the last few years there has been rapid expansion in the number of split sector community pharmacy and GP placements. It is essential that trainees completing their training in a multisector training site have the opportunity to attend a training programme that allows them to apply and develop their roles effectively and successfully practice in multi-professional teams across both healthcare settings.

For this reason, we also run a Core programme that is tailored for trainees completing their training in GP & community pharmacy split sector placements. This covers additional key learning outcomes for developing an understanding of the role of pharmacists in general practice and a broad range of knowledge and skills.

Here are some of the additional topics included in the GP/ Community Pharmacy Core Programme:

- Introduction to working in general practice & the multidisciplinary team
- Legal & regulatory framework in general practice
- Consultation skills & working with community pharmacy
- Medicines reconciliation & transfer of care
- Responding to medicines related queries
- Clinical history taking and record keeping
- Introduction to AUDIT, quality improvement & prescribing safety
- Interpretation of blood test results
- Structured medication reviews
- Polypharmacy and deprescribing
- Multi-morbidity & medicines optimisation
- Evidence-informed decision making

Core Programme Overview

<p>➤ Day 1 Online</p> <ul style="list-style-type: none">• Pharmaceutical Calculations Part 2• Skin conditions• Gastro-intestinal System• Using resources effectively	<p>➤ Day 2 Face to Face</p> <ul style="list-style-type: none">• Cardiovascular System• Endocrine System• Clinical Skills Part 1	<p>➤ Day 3 Online</p> <ul style="list-style-type: none">• Pharmaceutical Calculations Part 3• Nervous System• Blood & Nutrition• Palliative Care• Malignant Disease & Immunosuppression	<p>➤ Day 4 Online</p> <ul style="list-style-type: none">• Pharmaceutical Calculations Mock Assessment• Introduction to Pharmacy Research
<p>➤ Drop-in session</p> <ul style="list-style-type: none">• Mid-year review <p>Online</p>	<p>➤ Day 5 Face to Face</p> <ul style="list-style-type: none">• Infections• Respiratory System• Interpretation of blood test results• Clinical Skills Part 2	<p>➤ Day 6 Online</p> <ul style="list-style-type: none">• Medicines Ethics & Practice• Responsible Pharmacist• Data Protection, Confidentiality & Consent• Controlled Drugs• Emergency Supply	<p>➤ Day 7 Face to Face</p> <ul style="list-style-type: none">• First Aid Training
<p>Day 8 Online</p> <ul style="list-style-type: none">• Full Paper 1 Mock Exam• Full Paper 2 Mock Exam	<p>➤ Day 9 Online</p> <ul style="list-style-type: none">• Mock Exam Review of Paper 1 and Paper 2• Revision of key topics• GPhC Learning Points• Exam Preparation	<p>➤ Drop-in session</p> <ul style="list-style-type: none">• Exam preparation• Q & A - Exam tips <p>Online</p>	

Accelerate Programme Overview

The Accelerate Programme consists of a series of optional study days designed to equip trainees with the necessary skills for delivering key services. It also enables them to create a bespoke training experience for themselves which gives them a competitive edge when approaching different job opportunities in a variety of sectors of pharmacy.

Introduction to
Pharmacy
Industry

Introduction
to General
Practice

Introduction
to Hospital
Pharmacy

Covid & Flu
Vaccine Training

Interpretation
of blood test
results

Structured
Medication
Reviews

First Aid

Asthma &
COPD

Clinical
Assessment
Skills

Guides & Resources

The programme includes a wealth of resources and guides that summarise key content and support learning in an easy to follow format. These include:

- Pre-training day workbooks, that enhance self-directed learning and development
- Post training day action plans to reinforce learning objectives
- Exam style questions, calculation practice and mock exams
- Workplace based assessment tools & evidence logs
- Revision guides and summaries

Here is a snapshot of the guides trainees will have access to:

- Responding to Symptoms Guide
- BNF Guide
- BNF for Children Guide
- High Risk Drugs Guide
- Public Health & Policy
- Key Drug Interactions Guide
- Consultation Skills Guide
- Antibiotics Guide
- Using Resources Effectively
- Acute Kidney Injury Guide
- HRT & Contraceptives Guide
- Malignant disease and Immunosuppression Guide
- MEP Guides
- Proton Pump Inhibitor's Guide
- Interpreting Blood Test Results
- Blood & Nutrition Guide
- Diabetes Guide
- Anticoagulant Guide

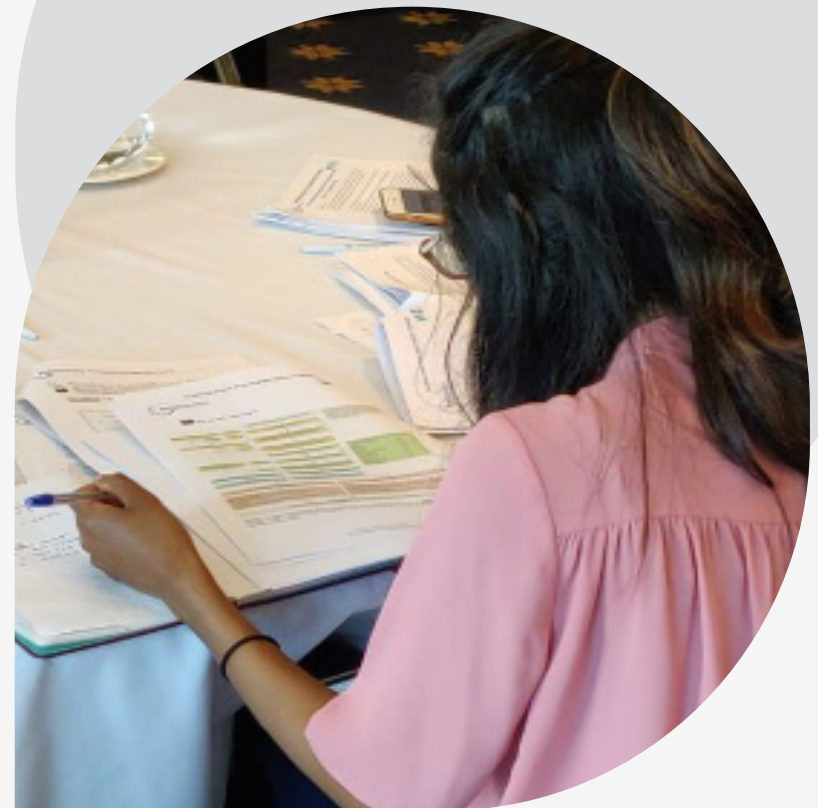
Training Plans

With the introduction of the GPhC interim learning outcomes, all training should be mapped closely to these descriptors. Designated supervisors will need to make sure that regular progress reviews monitor the trainee's progression against the new interim learning outcomes.

We understand that developing effective training plans can be difficult and time-consuming. Our training plans are not only mapped to the new learning outcomes, but also include tasks and activities designed to support both trainees and supervisors to meet the learning outcomes effectively and engage in the learning experience.

Whether trainees are undergoing training in community pharmacy or a multi-sector placement, every trainee on our programme receives a bespoke training plan that they can utilise to ensure they stay on track.

“Use your training plan to stay on track with progress reviews and meeting learning outcomes”



Designated Supervisors

There's no question about it - an effective supervisor is essential for a trainee's success.

Taking on the role of a designated supervisor comes with both responsibility and reward. With the transition to foundation training it has become even more important to stay up to date and on track with the changes. We understand the importance of this role, but we are also aware that it can be a challenge to fulfil effectively whilst working in a busy workplace setting.

ProPharmace is renowned for championing the role of supervisors. With ProPharmace, designated supervisors can expect extensive support. We are currently delivering training Designated Supervisors in partnership with NHS England to find out more visit:

www.propharmace.com/supervisors/

Supervisors will receive regular updates about trainee performance as well as support with workplace based assessment tools to further enhance trainees learning and development. This will support them to assess and monitor trainee progress against the GPhC learning outcomes and deliver a high quality placement.



“We encourage all designated supervisors to get certified, as this is a key marker of high quality training and will enable them to fulfil their roles effectively”

Key Benefits

- ✓ Online resources
- ✓ Interactive learning
- ✓ Regular exam-style tests and feedback
- ✓ Full length mock assessments
- ✓ Dedicated support for tutors and trainees
- ✓ Peer network
- ✓ Tailored performance tracking reports
- ✓ Career advice and access to pharmacy thought leaders



Equality, Diversity & Inclusion



We recognise that trainees have different ways of learning and understand the key elements that help trainees apply their skills and knowledge in practice. We deliver our training sessions using a range of carefully selected teaching techniques which accommodate a range of learning styles. We are committed to creating an inclusive learning culture which recognises and values every learner and where learners of all backgrounds feel they belong and are encouraged to reach their full potential.

We know that disabilities can be both physical and hidden and that's why we encourage learners to discuss their requirements with us so that we can do our part to provide the best learning experience and tailor our programme to their needs. We also monitor progress, track performance and commit to identifying if a trainee is struggling so that we can offer extra support.

We're keen to champion diversity and are always learning about our diverse learning community that welcomes trainees from every UK Pharmacy School. If we don't have all the answers from the outset, we would encourage you to contact us and speak to one of our learning advisors as we have many success stories where we are proud to have supported learners individually to achieve a successful outcome.

“It's safe to say that equality, diversity and inclusion are central to everything that we do”

Our Training Team

We deliver our innovative programme via a dedicated multi professional team. Our trainer expertise spans many sectors of pharmacy including primary care, community, hospital, and industry.

Our training team understands the pressures faced by trainee pharmacists and use their skills, knowledge, and expertise to create a truly engaging learning experience. We believe that the diverse pool of professional experience and key practical strengths enjoyed by our team adds a unique and valuable dimension to our training programme, ultimately offering our trainees an unparalleled training experience.



What trainees say about us

"I couldn't recommend a better training provider than ProPharmace. The level of teaching was incredible and the resources we received were useful! The mocks, including the mini tests we had at the training days were fab. They motivated me to delve deeper into topics and brush up on my calculations skills"

Reshal Patel

"Thank you to the whole team at Propharmace. Your resources and training days were very helpful. The mock review day was also incredibly helpful and unlike any other mock review. You were the only ones who went through every single question. Thank you for all your help and support!"

Fatima Abu

"I'm so grateful to everyone at Propharmace for helping and supporting us through one of the hardest years of our careers. Thank you so much"

Sadaf Ali

"Thank you for all your support, you have been excellent and the tutors are extremely helpful. I'm so happy for what I achieved and I would recommend ProPharmace to all trainees"

Rawan Ahmed

"The ProPharmace programme was a major contributor towards my success. A big thank you to the Propharmace team"

Uzoma Mbaeyi

"Thank you sooooo much for all the help!! All the resources received from ProPharmace were so amazing and so useful and greatly helped me prepare for the exam!!"

Abigail Opoku Afriyie



Locations & How to Apply

Our programme is available at a number of locations throughout the UK, we are currently delivering our programme in the following locations:

- London
- Manchester
- Leeds
- Leicester
- Birmingham
- Portsmouth

For an up to date list of locations please visit:
www.propharmace.com

Livestream Programme

For learners who would like a completely online experience, we also run an online programme. This includes all key components but does not include the practical First Aid Training Day.

How to Apply

You can access the booking form on your mobile or tablet by scanning the following QR Code. Alternatively visit

<https://propharmace.com/foundation-training/>
or email us at info@propharmace.com



diversity

competent *expert*

foundation training

confident pharmacist

professional judgement

inclusion skills *high-quality*

trainee pharmacist empathy

capable *multi-professional*

independent prescribers

designated supervisor



www.propharmace.com

For any further information about our programmes or if you would like to discuss your specific requirements, you can always speak to a ProPharmace Learning Advisor by contacting us.

ProPharmace Ltd
47-49 Park Royal Road
London
NW10 7LQ

T: 02085750005

E: info@propharmace.com



© ProPharmace 2024